



Welcome to the Millstream Bistro, our aim is to produce fresh, quality, locally source foods, cooked to order.

### **STARTERS**

Smoked haddock twice baked souffle, Cheddar gratin	£8.00
BBQ pulled pork spring rolls, hoi sin sauce	£6.00
Garlic and thyme studded baked Camembert, red onion marmalade	£9.00
Sauteed tiger prawns, lime, coriander and grilled focaccia	£9.00

### **FROM THE GRILL**

28 dry aged west country beef

Sirloin – 230gr	£18.00
Rib-eye- 230gr	£18.50
Rump- 230gr	£15.95
Fillet – 230gr	£23.50
T bone – 360gr	£26.95

All steaks are served with iceberg salad wedge, thick cut chips and sticky ribs

Sauces add £2.50

Bearnaise

Dripping

Green peppercorn and brandy

### **FROM THE SEA**

Fillet of black bream, seasonal greens and caperberry butter	£15.00
Local sole on the bone, new potatoes and brown shrimp	£18.00
Baby scallops and monkfish Massaman curry, potatoes and samphire	£15.50

### **FROM THE GARDEN**

Portabella mushrooms, curried puy lentils, halloumi and rocket	£12.50
Pan fried falafel cakes, houmous, cucumber yoghurt	
And dressed leaves	£12.50
<b>SIDES £3.50</b>	
Tomato dressed salad	
Thick cut chips	
Sticky ribs	

Please let a team member know of any allergies and we will be happy to guide you through the menu

(V) – Vegetarian (GF) – Gluten Free

## HOT BEVERAGES

Pot of tea for one	£2.00
Americano	£2.25
Flat White	£2.50
Latte	£2.50
Cappuccino	£2.50
Mocha	£2.50
Hot Chocolate	£2.50

Add some flavour to your coffee with Syrup:  
Gingerbread or Hazelnut or Vanilla or Caramel      extra 30p

## CAKES

Lemon drizzle	£3.00
Chocolate	£3.00
Coffee and walnut	£3.00
Victoria sponge	£3.00
Scone with butter, clotted cream & berry compote	£2.50
Toasted teacake, butter & berry compote	£3.00

## WINES

White wine	125ml	250ml	Bottle
Five foot track, Chardonnay	£2.80	£5.50	£15.00
Banty Bay, Chenin Blanc	£3.00	£6.00	£17.50
Fernlands, Sauvignon Blanc	£4.50	£8.50	£24.50
Cape St. Martin, Chablis	£5.00	£10.00	£29.50

Red wine	125ml	250ml	Bottle
Five foot track, Shiraz	£2.80	£5.50	£15.00
Aires Andinos, Malbec	£3.00	£6.00	£17.50
Los Bailadores, Rioja	£3.75	£6.50	£19.00
Veux Remparts, St Emilion	£4.50	£8.50	£24.50

## SOFT DRINKS

Fanta - Coke- Sprite - Diet Coke (330ml)	£1.80
Still or sparkling water (330ml)	£2.00
Belvoir fruit pressé (250ml)	£2.40
Elderflower - rhubarb & apple - lemonade	
raspberry lemonade - ginger beer	
Orange / apple juice (½ pint)	£1.90

## BEER - ALE - CIDER

Bottled beer (330ml)	£3.00
Bottled cider (500ml)	£4.50
Bottled ale (500ml)	£4.50

## SPIRITS + MIXERS

	£4.50 (Single)	£7.00 (double)
Smirnoff Vodka		
Gordon Gin		
Malibu		
Bells Whisky		
Lamb's navy rum		

The Millstream Bistro is available for private hire, ask a team member for more information  
or email us [millstreambistro@outlook.com](mailto:millstreambistro@outlook.com)